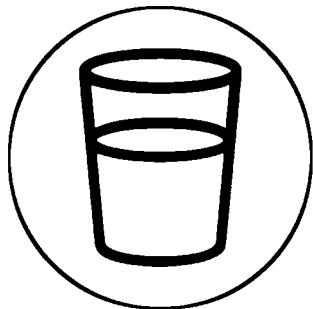


# Les cartes stratégies

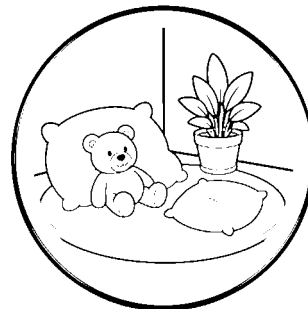
Découper le long des pointillés. La couleur du bord indique le type de mot.



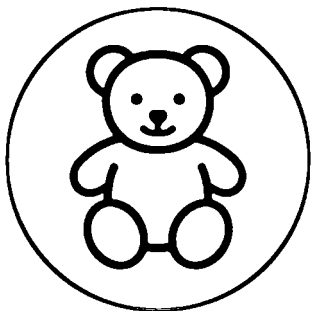
Je respire lentement



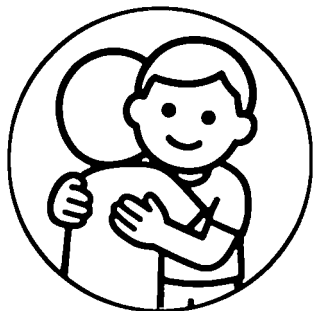
Je bois de l'eau



Je vais au coin calme



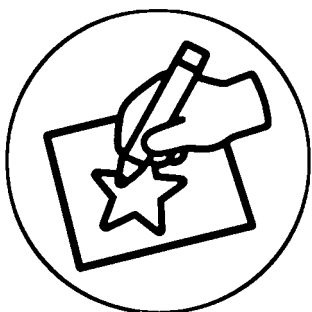
Je serre mon doudou



Je demande un câlin



Je bouge, je saute



Je dessine



Je demande de l'aide

