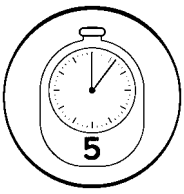
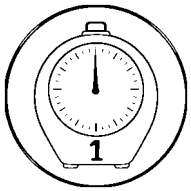
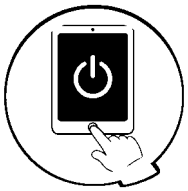
R12 · PROGRESS CHART

I switch off my screen

Name: _____ Week of: _____

1		We look at the timer together	☐
2		5 minutes left	☐
3		1 minute left	☐
4		I switch off the screen	☐
5		I put the tablet back in its place	☐
6		I choose what I do next	☐