

Evening and bedtime

Name: _____

Week of: _____

1



I tidy my toys

☐

2



I have my bath

☐

3



I put on my pyjamas

☐

4



I brush my teeth

☐

5



I go to the toilet

☐

6



I choose a story

☐

7



Cuddle

☐

8



I fall asleep

☐